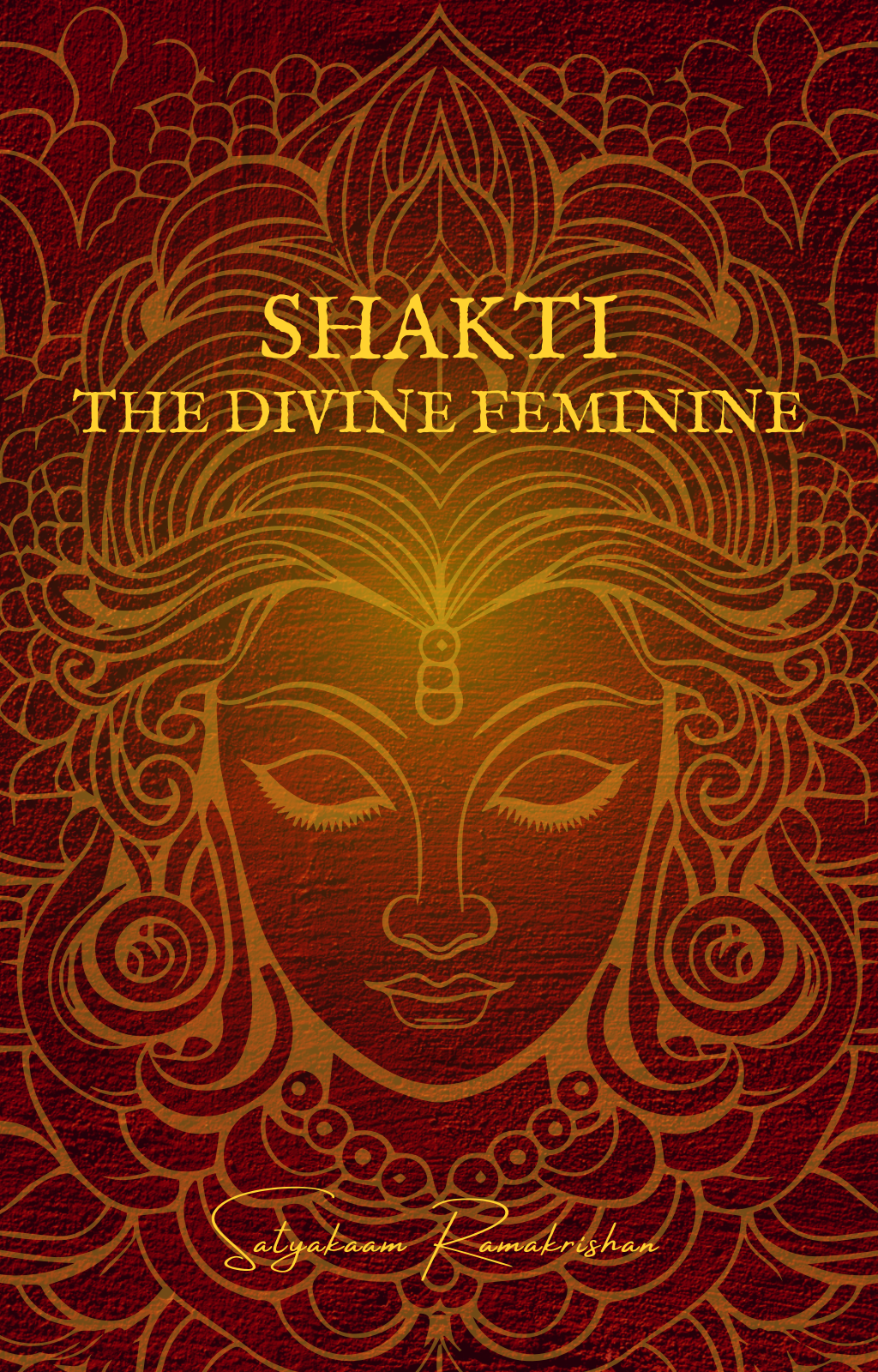
SHAKTI
THE DIVINE FEMININE
Satyakaam Ramakrishan

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You Are Not The Father

Life is something more than us and beyond us. Life always has the first move. Thought is a few tongue clicks and a bite of the memory and image. Ego with this tool goes out arrogantly to define, fit, and disrespect this opportunity with thoughts and words. We are granted an opportunity to play along, dance along, and sing along, but not to make it an object of our thought.

Kaliyuga, dark age, is when a word becomes more important to you than the feel of Life. Life is not child's play and tantrum of your thoughts but a great mother's body where we are playing as Her children. You cannot understand and define Life through words. You can become Life, feel Life, and you are Life. Life is not a property of somebody, some thought, some book, or some organization. We are the properties of Life. Even if we do not really understand anything about our Life or body through the mind, science, and philosophy, it still goes on. Still, you feel it. Don't you?

Ego, with its thoughts, plays upon body, Life, and energy, and it ends up destroying and losing the gift of the moment, a window to eternity. If you play like this, Life is a being and will play upon you.

Remember Covid? Wars create new sicknesses of the body and mind. It's all a consequence of thought, which degrades Life with words.
Life will destroy the creations of our minds, and we are being destroyed by our minds. Today's lifestyle and problems globally are proof of that.

A child can never be a father of the Mother, which thought is trying to accomplish. Get out of your own way. Let the Mother do her work of taking care of us. Spiritual realization is a recognition, not an achievement. It's recognition of where you are right now.

Bhakti (devotion) has no method but a constant recognition and reminder about the temple your body is and whose kingdom you are in.

We call it Simran, which means just remembering and constantly reminding yourself that this moment is the door to divinity and celebration. Your lover is the present moment, and your destruction is your trust in thought, which is the past.

Believe it or not, if you turn to this Life by saying "I do not know, please show me," you can activate the wisdom of this cosmos, the Kaali, Durga's grace and wisdom in your Life.

So practice learning not with arrogance of the mind but like a child asking Life for support. Then this whole cosmos will serve you. That's what Mother does, takes care of the child and protects.

Don't try to be father, the thought.

Otherwise? We know that, don't we? We are in it.

Jayanti Mangala Kaali. 🙏



Male & Female Energies - Inner Tantra

You are made of male and female energies.
Your mind is the male aspect, father, the spark, the thought.
Your body is the female aspect, mother as it comes from mother, the body, the energy.
Relationship between your mind and body defines all your relations, actions and movements of Life and its consequences.

TOXIC RELATION OF MALE FEMALE.

A toxic relation is when there is manipulation and misuse for gratification and selfishness.

Your mind and body have a toxic relation. Ego mind uses the body for its desires, gratifications, greed and fears.

Mind – which is the child of the mother body, like the leaves of a tree – becomes the boss. It uses the body at the whim of its thoughts, impulses and gratification. From eating, sleeping, working, making money, doing meditation, yoga et cetera – all are games of the mind played with unfairness on the ground of the body by pushing it to get what ego wants. Bad habits, indulgences, over working, stagnation, etc. are all vices of the mind which results in damaging the body.

Hence, the relationship between your inner male female, father and mother, becomes toxic. This toxicity in your micro cosmos is reflected in your relations, in your work, in your relation with Life. No relation and no work or venture can be successful and organic if your inner cosmos, the only cosmos, has its male female relating not as friends and lovers but manipulators.

When body is overused it stops cooperating, falling sick or stagnating and brings your plans to halt. This is your body responding to your misuse. You feel frustrated at the body and suffer psychologically.

You go to a doctor or therapist or guru to learn how to again manipulate your system back to health so you can misuse it again. You call it treatment, healing, meditation but by your intention it's slowly killing your only faithful partner and lover – your own body.

Rest comes and goes. She is always with you, takes your shit, gives you signals to cooperate and take care. But you know nothing of your intimate partner.
Somebodyelse, a doctor, a healer or a guru knows about it – yet by nature, you are supposed to know everything about it.
Why is it so? Because the mind, instead of serving the body, becomes the manipulator, which is the social training in our culture.
Your mind is an outside influence on the body.
Healthy relation is when the mind connects with and listens to the body. Body, being connected to the cosmic wisdom, guides the mind through the language of intuition.
But the mind is far from intuition, clouded and lost into thoughts of past, present and future.
Whereas the body is live, electric, cosmos, now.

Real yoga, union, meeting of male female, the orgasmic state of now, cosmos, samadhi, is when your dualities merge into forming oneness inside, then you experience oneness with the cosmos.

In relationships, if your relation with body is that of misuse, you will only attract such minds who will also relate to you through manipulation, appearing romantic but in reality manipulative.

Have you ever wondered why your relations fail? Why does your life not satisfy you? Why is there no juice?

Because your relation with this Life and cosmos is of manipulation and misuse so Life loses its flow, it becomes stagnant, frustrating and dull.

All your Life actions and relations are based in this micro cosmic disaster within. Your negative positives do not come together to create light and support Life. They contradict each other to destroy each other.



The Pimp In You

People ask me about concentration regarding studies, or fixing some problems and issues they have, but all that is what has created hell in Indian culture and other cultures as well.

Kaliyuga is when the highest in Life is used for the lowest, which means a limited ambition of selfishness of your ego.

I am here to upgrade the spiritual.

I can tell you methods on how to concentrate or get what you want, that is easy. But you are not. I can't make the highest a prostitute to sleep with you.

You have to wake up to it and be willing to serve it, then it will grace you with all that you need, not what your pimp wants – to make profit out of your own spiritual potential, which is nothing more to you than a commodity for exchange.

You are striving for careers and lifestyles by compromising yourself and then you feel a lack of interest, focus and juice. You have disconnected from yourself and your power by compromising your intuition and attraction just to impress the world, by not doing what you feel like doing..

People in any field of Life who have contributed to society took a hard way which is to stand up for and follow their attraction and calling. For them focus is never a problem, it comes with juice of doing things which bring joy in you.

You come to gurus and teachers for help to succeed and elevate your Life as you feel you are dragging. Guru can give you energy to feel elevated and a burst of energy for success but he also has to take the brunt of your negativity caused by your compromise.

You are not willing to see the fact. I am not saying change anything – just see the fact. How you have pimped out your energy and body for some power and money as if this society's way is the only way of making money and having power.

Then you roam around in life, a soulless body, mind-raped and mistreated by others' influences and wills.

Then you raise your eyes to the sky and ask why this is happening to me?
You know why God does not answer? Because he is perplexed and thinking "What did I do?".

You see, society and families want you to take responsibility and take care of your life and people around you with support and love.
But in this game of hard work and sacrifice you forget that if you are not well within yourself, you will not be able to help anybody, but will crush the other under the burden of your sacrifice which is in reality a compromise.
A real sacrifice is that you let go of something and never talk or bring it to mind again. That is sacrificing, meaning to die so that energy can give birth to something else – but it is an action of love not of creating guilt and debt on the other.

In society, sacrifice for others really means, I fucked with my Life for you now you fuck with your Life for me.
This is business not love. This is prostitution and pimping all as one in you.
Your mind is a pimp and your body is a prostitute.

SO THE SOLUTION
Be ready you may judge it, but in laws of Life you cannot give fruits to others if you are not watered as a tree.
What it means?

Be selfish.

Not a greedy bastard selfish. But a caring selfish, which means understanding that if I cannot love and take care of what I really need, I cannot give it to others.
That is the best way to help your Life and relations around.

You owe it to Life and your loved ones that you have to feel good and happy and joyful to live your Life as you want, only then you will be a blessing to society and loved ones.
In cosmic business sense, before you give out money, have more money than you need.
Before you go out and sacrifice yourself for others, first learn to sacrifice your ego for the sake of your inner nature. Once you have it, you won't mind letting go of a few toys for others, which is what people call real sacrifice.

But you need to be a ferocious warrior, not a pimp with your queen, your energy. Do not sell it but share it with worthy warriors and lovers.

You need to learn to love your woman within ferociously and devotedly.

Believe me, she awaits you to be a man so she can give you her kingdom.
But your pimp has to die.

Sacrifice your pimp and honour your Life. Only such a person can give, love and honour others.
I want to hurt the pimp in you who is stinking, but wearing deodorant words of justifications.

I hope you get offended because this culture is offending its own mother and its own roots.

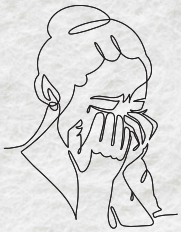
Remember Mother is child as well because child is made of her flesh and blood. That means when you work against yourself by compromising for greed and fear, then Mother is working against you because you are hurting her baby.

But when you care for your Life, then society may not agree with it, as you are being selfish – but Mother is in your favour and protects you.
This is the simple law of care in this cosmos.
You care for yourself, Life is loved and cared for.
You fuck with yourself, Life will fuck with you.

When you fuck with yourself for others, you will fuck with them and that's not sacrifice. It's called business world of revenge.
Revenge is emotional and personal whereas karmic payback is cosmic and fair.
When you get emotional it's personal, but when you do what needs to be done it's cosmic.

That is, real sacrifice.

You need to take care of yourself for the sake of taking care of others and life.



The Victim In You

There have been questions and people justifying how when you are violated in some manner you can't stay in the present. It's a good victim justification. You do that even in good times, as if you are in present in other times.
People pick up extreme issues to nullify the solution and validate their victimhood.

You see, dark things will happen to you no matter who you are.

Even enlightened people get killed, poisoned and harassed. But they did not comply to being a victim and their oppressor did not win.
This point, one needs to understand: your ego and its investment into being victim and blaming the other, being helpless and in need of help.

The deepest thing to watch out for is you cannot heal yourself or get justice by being in victim psychology because with that you are feeding your power to the psyche of oppressor. And you also are comfortable in being victim because you are not responsible for what happened.
That is true, but what is also true is that you are not victim either.

You are eternal Shakti, it does not die with a few traumatic events.

You have to understand that being in present is fire, it can change you, which is more inconvenient and traumatic than getting violated.
We are afraid of the power and freedom because that means responsibility for your Life and direction. But nobody wants to leave the convenience of being powerless and blaming the rest of the world for your plight.

The victim in us is the real narcissist and tyrant.

I am trying to help your fierce warrior become what it is – not stay victim. That means don't carry the story of oppression, let the present fire sink into you that you are being oppressed as a fact - that will bring a response in which you have to do something to stop that.

Which means you cannot keep on going with your old way of Life, the trauma will change you. Healing is when you become more than the trauma. When a ditch on the way does not stop you from travelling, but you find a way around it. If you become protector of your Shakti then she will support you and give you power. But we do not trust power because that means you have to come out of your usual psychological shell and be exposed to change which is insecure. All oppressions happen because there is your dependency on oppressor, a security. But change that dependency on being a victim and become a warrior. Warriors do not believe in revenge but payback, it's a response and dialogue on martial level there is no emotional reaction. If somebody stronger than you violates you and you cannot do anything, then start to live with thought and intention to work and find your way out.

If you try to end a toxic relation out of emotional reaction you will not be able to because you are relating and reacting out of your victim which is equally guilty of the evil by allowing and expecting.

Point here is that you die to that situation which is painful. By a conscious suffering like practice of meditation you face it. Then you are making your victim a warrior.

Remember anybody violates you they have walked out of Dharma or laws of Life that means they are exposed to the consequence of their action, Life will not take revenge but respond back like a mirror to their act.

That's why I say you can bring justice only from state of payback not revenge. With revenge your destiny gets intertwined with the oppressor.

So first stop investing in being a victim. Don't define yourself by a few traumas. Depend on Life force within not traumas and your definition of events.
Trauma oppression is a way of Life to give birth to new you, and taking birth is traumatic and painful. But the core of evil is in the comfort of organisations, cultures and relations – where you stay comfortable in your being victim. But really you are a nuisance like Life is, being a rebellious new being which cannot be controlled.

I will end this point by mentioning my school friend who was a real warrior spirit. When his father would beat him unfairly or hurt his mother, he was too young to do anything physically, but he used to quietly harass his father by hiding his car keys when he was late from office, and quietly

watch him go through torture of looking for keys, or he will break the headlight of his car in the night without anybody watching and see his father's face when he discovers.

This friend became a loving father and husband and fierce human.

Ability to look back in the eyes of oppressor — I will get you not as personal revenge but as a payback of karma. Dish served cold without malice.

I am telling you about a boy who did not oblige to become victim. I am not telling what to do but illuminating a point of not staying victim.

In today's times the biggest fear of governments and social organizations that oppresses humans is the day humans stop playing victim and start to do something about the oppression, instead of looking up to a corrupt leader who wants you as you are.

So initiate the change in this dark culture by first rebelling against your victim. Change your frequency not circumstances. Circumstances are governed by the laws of attraction, if you vibrate as victim, you will attract oppressors.

If you vibrate warrior then you will attract creative people and circumstances.

Remember the favourite evil pass time of a victim mind is complaining and bitching. That's how you know that a person is indulging in being a victim.

An addiction worse than drugs.

Creativity is nothing but a warrior spirit which means you don't fight the old but intensely get into creating the new. This is the real cosmic battle with evil, the old, not fighting it but giving your focus to new that gives you your power back, which has been invested into validation of oppressor and oppressed.

Interestingly all warrior cultures they are very creative when they are not into battle they, sing, dance, carve, created art works etc.

This means your creativity is the warrior and creator.
That means you suffer when you are uncreative which means being a victim.
Remember there is always going to be battle that means always going to be creativity challenges in Life.

You cannot avoid that and for Life battlefield and studios are same fun play to accommodate change. Not to stay a victim puddle but become the river.
This is the way for brave hearts.
Jai Bhawani
The great creativity form of the cosmos.
🙏🙏🙏



Creativity Is The Key

Mind wants absolute answers but does not realise that absolute is derived from something not absolute.

Absolute destiny means no space for creativity. What's the point of creativity if it is already destined.

But creativity as destiny is much more tuning up to how Life moves.

Creativity is doing and undoing.

Forming and destroying.

Creativity is a destiny as your design of nature, a dormant power. It is a freedom of action.

Are you bound or are you free?

There is a difference between destiny and bondage.

When you say "I am doing," you bind your creativity with your ego. Because creativity is free it has no problem with getting bound to your ego and idea of I.

But same creativity can destroy as well if it cannot create because of your ego bondage. It will destroy you, your mind your body. Most diseases in our culture are repression of sex which becomes anger then we repress that, then it becomes greed we honour that in beautiful names ambition efficiency etc. But meanwhile your system is in self destruct because your male mind is raping your feminine energy and body.

For Shakti creation and destruction are qualities of one movement.

Why it destroys personality and Life around when bound by ego?

Because ego tries to tame it to its own ideas and wants only to create forgetting the destruction properties of this energy. Then when it destroys you blame it on Life, destiny or yourself.

Ego can handle creativity only if it is willing to become flowing like a river or flame which is constant creation of new forms and destruction of old known forms.

Ego suffers when it loses the known because it fails to see it's gaining the unknown.

When creativity serves the ego it results in darkness and chaos not by nature of energy but by our misunderstanding of creation as positive and destruction as negative.

Hence we repress negative and it explodes with joy by its nature but it is chaos, destruction for us.

Do you know even though anger is labeled bad, the moment of anger has a totality and a flow which a repressed Life cannot give you.

You don't get angry to get angry but to break barrier and flow.

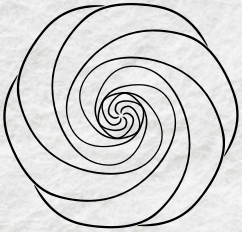
If you repress, anger is going to be your destiny which is freedom of the energy repressed.

If you express then love is going to be your destiny, freedom of energy in you.

In true sense surrender is a state when you don't dictate your power but follow it's nature and inspirations then that is the Satyuga, the age of truth within.

Because Shakti is the truth, the present.

You cannot dictate present, it dictates you. We tried dictating and look around what we got.



I Am Here With You

CORE WORSHIP, DEVOTION, AND REVOLUTION.

When you get up in the morning, say to your body:

"I AM HERE FOR YOU."

I AM ALWAYS THERE FOR MY PROBLEMS AND IMAGINATIONS, BUT I HAVE NOT BEEN HERE FOR MY HOME, MY MOTHER.

I AM YOUR SHADOW. YOU ARE THE LIFE AND THE COSMOS. WITHOUT YOU, I HAVE NO EXISTENCE.
I AM HERE WITH YOU."
Mean it.
YOU ARE VERY MUCH NEEDED HERE, WITH YOURSELF, BEFORE ANYTHING ELSE OF ANY VALUE CAN HAPPEN IN YOUR LIFE.

Contemplate the meaning of the phrase
"I am here for you"

In this phrase lies the secret to devotion, meditation and dedication.
Through this dedication you can live a materially and spiritually organic, healthy life. Stop making a fool of your body pretending that you are doing everything for its survival and needs.

It is the deepest lie you are telling yourself.
The truth is that as a mind you are manipulating your body to play your games of ambition, power, greed and fear.
Please remember this core point of inner Tantra that can change your Life on every level be it the work you do, your relationships or spirituality.
This phrase: "I am here for you," is a union of your male – the mind, and your female – the body.
Your male is not here with his woman but out there with imaginations and fantasies. And your body has become a tool for the games of your mind.
Now understand this very clearly: This is the core issue where you are missing the magic of Life.
If you are not here for your own energy but out there for some concept, be it material or spiritual, you cannot truly be with or for

anybody out there in relations or any commitment of work, profession etc.

You cannot be true to any relation any profession because you do not know how to be there for somebody and that is because you have not learned from your micro cosmos, from your own relation with Shakti, to be here for yourself.

Being here for yourself means serving the root of existence so you can have fruits. But you are serving the ideas of fruits and are absent from your own garden of Life.

Every relation, profession and action is a manifestation HERE, NOT OUT THERE in your imagination.

YOU ARE VERY MUCH NEEDED HERE.

This will bring qualitative change in your Life.

Life first wants your commitment before it can commit to your creativity.

This commitment is your presence with your body not as a technique of meditation or a way to get what you want but a deep emotional recognition of your relation and existence with this moment and this cosmos which is through this body.
Don't take your body on your ego trips of materiality, spirituality and inferiority complex. Instead go out with your body on pilgrimages of connecting with Life.

You cannot serve anybody.
You cannot help anybody.
You cannot bring transformation for yourself or anybody, until you have learned how to do that with your own relation with the cosmos within you.
Everything and anything begins and ends from within you, and reflects your relation and connection with Life.

There are people who want to help humanity and eradicate suffering from others. They end up being very harmful for humanity because they are projecting their own need through these great spiritual ideas. Basically they want to do welfare to feel better about themselves.

But if you are not feeling good with yourself you cannot do any good because you cannot help or heal anybody. You can only seek to validate yourself at the cost of other's suffering.

You are dishonouring the dignity and freedom of the other human being and their ability to heal, by thinking "I know better than Life."

People don't need your help to heal because their suffering is that they are not here for themselves, but out there for something and someone else.

Now you come in saying "I want to uplift humanity". Who the fuck are you?

It's an idea arising out of inferiority complex hiding behind great ideas of healing and welfare.

You are wounded and so is everybody else, not because of something else but because you are not here with your Life.

Your Life is a struggle with yourself, you think of it as a struggle out there with Life.

NO YOUR LIFE IS A STRUGGLE BECAUSE YOU ARE NOT AT EASE WITH YOURSELF.

THERE IS NO LIFE OR COSMOS OUT THERE BUT ONLY YOU AND THIS SHAKTI IN HERE.

So please mean it with your heart when you say to your woman, the body, like a devoted lover and a son that I am here with you.

Then whole Life starts to work for you because you are working with Life.
Not Life of your concepts and philosophies but real feel and breath of LIFE NOW.
ONLY THEN A LIFE IS LEARNED, EARNED AND LIVED.

FREE Life from the clutches of your thoughts and repressions.



Feel HER

So to get into this creative cycle of juice, start to experience life like a child. Pay attention to your senses. Look at trees and people as if looking for the first time.

Shiva mentions one technique of meditation which says look at everything as if for the first time.

We become sick and stagnant because we see everything as old and repetition.

Key to healing and youth is with each breath you are in a new cosmos, a new fresh cycle, when you chant aum each chant is your entry into a new cosmos, listen to birds, sounds of life as new because they are new. When your mind is constantly focused on the newness of life your cells and body also start to become new. This new is the fire I talk about which burns your thoughts and beliefs about life being old.

First step towards it is honouring Shakti and its role in your life. This honour is not only about chanting mantra or reading spiritual thoughts, but to connect with this live force in everyday action. Then it is the highest direct reverence of Shakti.

First step is connecting with your live body action while walking, doing your daily chores. Be present with your movements, become movements with awareness while you are doing your everyday life actions.

Because it is not just your action or life, it is manifestation and creativity of the cosmos as well.

Shakti can illumine and guide if it is not busy making concepts and words for you. This engagement with your body actions will free your energy from forming unnecessary thoughts and mind fuck.

Develop this intimacy with your body by engaging with your actions. No action should happen without your awareness. After a few days, you will start to feel different and a different character about you less of thought personality more of live being moving like a river.

This is the direct way to experience your electric self.

Sit down alone in a garden or in your room.

Close your eyes and start to feel your body, listen to sounds, touch and weight of clothing on your body.

Notice in the body there are different feels. Some part is feeling little stressed, some part is feeling pleasurable sensation, some part is hurting.

Don't judge just learn and feel the language of your body and intution. At any given moment there are varieties of feelings in the body. Sometimes it feels sad, sometimes happy, sometimes quiet.

Through feeling like this you are creating a bonding between your male and female aspect, mind and body.

When your mind just listens to the body, not always throwing out words and thoughts, this is the beginning of your journey of inner Tantra: the union of your mind and body becoming lovers.

Experience and feel the experiences directly don't bring words in. Even when thoughts come feel the thoughts there, don't think about them.

You have to work on experiencing your senses without words. Eat food feeling taste and satisfaction. Smell a flower and feel the experience of smell, how it triggers different emotions in the body.

Shiva mentions one technique that when you are thirsty feel thirst as experience and when you drink water feel its coolness and feeling of satisfaction going through your whole body and peace and satisfaction happens.

FEEL this satisfaction go deep into it.

This technique is to build a positive outlook. We always notice pain and problems but when we are having beautiful experiences through senses, we never take time to dive deep into them.

Your whole life and your attitude can transform if you focus on these positive experiences. Look at beautiful sunset feel how you are feeling inside when you are looking. Focus on that experience because that is more real than the life created by your ideas.

People try to become positive through thoughts like “I feel great,” etc. That all is good, but it does not go far because same tool of thought can make you negative.

But with experience of senses and going deep into the joy, satisfaction created by them you are actually changing your chemistry into high positivity in your blood.

Then naturally your thoughts become positive and creative.

JOY is never far from you, it's around you always. Just change your focus from complaining to acknowledging the joys around.

Your life is made of experiences you cultivate and choose to focus on. This way you are changing your whole personality.

Through such sensory direct experiences you are feeding your soul and wisdom.

This is the real nourishment you seek. This way you are enriching your energies and honouring the Shakti, worshipping the Durga by being present in your senses purely. In Tantra, purity means no interference of thoughts and judgement in your senses.

You become what you focus on.
You are in for a big surprise that your own body can give you so much joy and it changes your wisdom, it develops an intuitive wisdom.
After few weeks of this practice gratitude, joy, love are just overflows of your being feeling actual feel of Life. Then you will realise what it means to be alive —it's not a concept but an actual feel of Life. Then you become aware of cosmos as a feel because your experience of cosmos is through body, the micro cosmos.

Then naturally comes an acceptance and surrender which is like agreeing to be on this joyful ride with Life.

Naturally your mind will not hunt for desires and entertainments because now you start to feel the juice of Life, that is what we are really looking for.

This juice and feel of Life is what in Bharat we call Raso Vaisa meaning divine: that which is juice. Then begins a journey which is truly a devotion – not how to be liberated but how to become one with Life and juice. This union is our deepest longing. Not liberation, not money, not pleasure but to feel one with this Life not scattered by thoughts.

Best gratitude, love and worship of Life is to enjoy and feel this Life without judgement as a sacred event. Then Durga the Great Mother holds you safe because she responds to your love and takes care of you.

She shows you the way through your intuition.
Remember mother and child look separate but in truth they are same. Your body is your mother as well, your body is the cosmos.
Come close to yourself to be close to the Great Mother

Aum Durga Devayae Namaha.





Participating With Divine

Life is asking you for only one thing.
As Life is committed to you to maintain you, your breath, your body, and the cycles of earth, sun, and seasons no matter how much you complain about or doubt Life, it takes care of everything.

It is like a patient loving mother who lets the children throw tantrums and say bitter things to her, but keeps on singing songs to you, waiting for you to learn, to see the point, and also commit to this Life, not to

your few ideas of suffering and happiness.
She waits for you to hold her hand.

There is a name to it in modern spiritual lingo which sounds technical and boring —"Being in the present."

I call it walking along with Ram, flowing along with Ma Durga, dancing along with Shiva.

You don't need anything else when you hold hands of this Life with commitment of a lover, a devotee. When you say that "I am not going to be anywhere else but only where you are, which is here.

When I am with you all is welcome." Then you take happiness and suffering as light and shadow, day and night of your beloved's form. When your duality becomes song of two opposite notes, when light and shadow become the beauty of Life's landscape.

Then you feel that Life is singing to you, just as Kabir said that "I used to chant Ram-Ram, now I chant no more because now Ram is chanting me."

Life is not a creator, that's separate from creation, but Life is singing with you. Your movements, struggles, thoughts are all songs of Life.

We get lost in holding on to the few notes of a song or trying to understand the song instead of singing on and enjoying the company. As it happens with lovers, we enjoy being with each other but after sometime we start to think about each other, try to understand each other, analyse each other, then the joy disappears and a power game, control game starts and we still say "Oh baby, I love you."

No. You love your ideas about your lover not the lover. Same we do with the divine, with Life, and with ourselves.

Meditation in the deepest sense is sitting and enjoying your own company without trying to control or analyse your Life. This is bliss, when your negative positive come in balance and the light of bliss is on.

Our whole journey of mind is to control and pocket happiness and spit out suffering, hence all struggles, desires, philosophies come about.

So commitment is not a serious deal but a real marriage of your mind Ram with the body, which is present form of the cosmos Sita.

Life is happening because Shiva and Shakti, energy and awareness are in constant union.

That's what means by being in the present, meditation or dancing along with divine in Bhakti.

Life is an invitation to participate not to figure out.

Life has cycles and patterns but this movement is not repetition but a ground for improvisation. This is the basic ground for creativity and evolution. Pattern or cycle is not a bondage but expansion.

Genius, joy of music or life is when from that set notes you create infinite sets of patterns that is when music becomes divine an invitation for you to dance.

Sitaram❤️❤️❤️



DANCE

Dancing is a complete path in itself. It's path of dissolution.

Key to it is totality.

It engages all the energies of your being. Mind which is busy in making thoughts which become chaos in fact it's your expressive creative energy looking to form. When your energy can make forms into dancing mind slows down because now it is engaged in forming forms through body.

Dance is a way to feel body, mind and energy as one.
Dancing opens all the chakras.
When Shakti cosmic energy takes over your body during dancing, it heals expresses and balances. Wisdom happens in flow of expression, when you are forming forms during dancing it frees your wisdom energy to flow through dance uninhibited.
In thinking we are repressing, editing our thoughts out of moral, ethical and social conditions.
In dancing you learn the freedom and feel the flow as joy, you learn your body as joy.
It works like fire which burns all the old dry stagnant energies and patterns.

Dancing is the yogic austerity of a devotee.
Dancing is your time with yourself and cosmos.

Dancing gives you glimpse of non-duality, oneness. It can make you aware of yourself as wave of cosmic energy.

When people feel joy they dance.

Opposite is also a truth.

When you dance you start to feel joy.

Dancing is a breathing out and a gesture of gratitude to Life. It's more powerful than any spiritual practice because it's immediate and cosmos is immediate as well. Union with Life, yoga with Life becomes easy.

The interesting thing is that Life has given a most easy way to reach to this union but your mind does not believe or want to believe.

Shiva is called Natraj the dancer, this whole play and movement of Shakti is dance of Shiva.

Ganesha is also shown as dancing which means dance of Aum, dance of sound.
To meet Shiva and Shakti you have to follow their behaviour which is dance.
You are a dance of joy.
You are made of dance.
Dance and fulfill your destiny, swadharma.
Dance is the music of the body.
Sing the song of Aum in dance.
You will not need to understand surrender or acceptance you will know surrender.
Surrender is not a defeat but victory. A way to become master. A totality which makes a wave ocean.

Aum Namaha

WE THANK YOU FOR READING THIS BOOK IN IT'S ENTIRETY.

WE TRUST YOU ARE IMBIBING THE WISDOM & ENERGY THAT HAS BEEN CHANNELLED HERE IN WORDS.

OUR ONLY REQUEST IS THAT YOU SHARE THIS BOOK WITH SOMEONE WHO IS ABLE TO RECEIVE IT

THANK YOU

ABOUT THE AUTHOR



Satyakaam Ramkrishan, often called Satya Ji, is an artist and lover of this one life. Having spent over 40 years exploring diverse disciplines in the company of masters, he works to inspire dedication to the unique creativity inherent in all of us.

He has created Human Studios, an online platform for sincere people to engage in live wisdom, and inspire each-other to live totally. It is a curated space where Satya Ji shares fresh insights and offers programs to support the evolution of life.

You can find out more by *clicking here*

