SATYAKAAM RAMKRISHAN



DARE OF THE HEART

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Dare to care

Real deal is making no deal.
Real business is doing no business.
The way of lover.
The way of devotee.
The way of Royalty.

AUM AIM HREEM SHREEM
SHREE MATRAY NAMAHA

Salutations to mother by three sounds of her energy forms.

Aim creation, wisdom of cosmos
Hreem the caretaker and brilliance of life
Shreem the all giving presece of mother as a present manifested moment and it's abundance.
Matray means mother as well as energy form as matter of the cosmos.

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Dare To Be Joyful

THE GREATEST DARE AND CHALLENGE OF LIFE IS TO TRUST YOUR JOY, NOT FEAR. THE WHOLE STRUCTURE OF SOCIETY, POLITICS, AND MEDIA IS BASED ON FEAR AND GREED. YOUR MIND AUTOMATICALLY MAKES DECISIONS OUT OF FEAR AND GREED.

TO CRACK THIS CODE OF DARKNESS OF FEAR, INVITE THE LIGHT AND COURAGE OF JOY.
YOGA IS TO SEE THE FALLACY OF FEAR AND DARKNESS. BHAKTI IS TO DIVE INTO THE JOY AND LIGHT YOUR BEING.
REWIRE YOUR BRAIN. STOP COOPERATING WITH FEAR AND START TO TRUST YOUR JOY. YOU WILL FIND SUDDENLY YOU ARE A MISFIT AND OUT OF COLLECTIVE MASS PSYCHOLOGY.
THAT IS WHY I SAY - DARE TO BE JOYFUL. WE ARE AFRAID OF JOY BECAUSE JOY IS INDEPENDENCE OF YOUR ENERGY AND YOURSELF, BUT THE MIND NEEDS SUFFERING AND THE OTHER TO FEEL IT EXSISTS.

IN JOY, YOU ARE MORE THAN YOUR EGO.
IN FEAR, YOU ARE IN THE GRIP OF YOUR EGO.

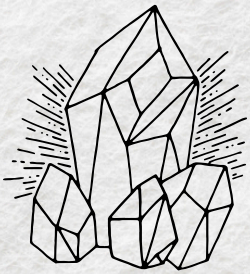
SOCIETY AND EGO ARE NOT TWO SEPARATE THINGS. ~ TO FEEL IS THE PATH OF A WARRIOR.

TO FEEL IS TO STAND NAKED IN FRONT OF LIFE. TO FEEL IS THE UNION OF SHIVA AND SHAKTI.

SHIVA IS CALLED DIGAMBARA, WHICH MEANS 'THE NAKED ONE'.
TO BE NAKED IS TO BE VULNERABLE AND SINCERE, TO KNOW NOTHING.

TO FEEL IS THE COURAGE.
FEEL THE PAIN, FEEL THE JOY.
TO THINK AND ANALYZE IS TO HIDE.

TO THINK IS TO MISS THE JOY OF PAIN AND THE PAIN OF JOY.



Dare To Be Brave

There is one quality in humans that is not valued and talked about much. People who enter spirituality lack this quality, whereas in devotion and in spiritual practice, you need it more than anything. It is being BRAVE; a willingness to face all the facets of your life. The quality of bravery is deeply related to heart and love. We have many stories from around the world when people in love suddenly become courageous and strong, but people call them crazy. This quality of bravery is the best worship and

offering to life. Fire of bravery, heat of love, and light of wisdom. Bravery is not a quality which only some have. We all have it, but we are made to mistrust and doubt that power within us. Each moment of life is a creative creation, hence a challenge for your cowardice. The mind is cowardly, just like darkness is cowardly and afraid of light. Light is fire, light is love, light is wisdom, and light is new. Let me explain what I mean by bravery. Look at a flower blooming in a garbage dump; that is bravery. Bravery is not violence; it is non-violence towards oneself. That means you are not holding your light back for any lie. It is reverence for life, protection of life. Most people become so called "spiritual" because they are afraid of life. It is like you are afraid of getting burnt and then decide to jump in a volcano.

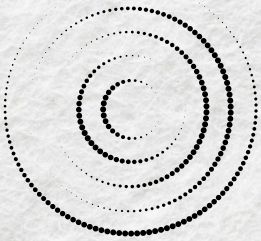
But luckily for them, they enter not in a volcano of spirituality, but a peak of garbage with a mud hole in it, with a sign board of the name 'spirituality'. Millions are on the path of spiritual but very few come across its light, because it needs bravery to experience Ram, Shiva, Durga. It's not for nothing we call it Rudra and Bhadra, which means ferocious and gentle. It is ferocious like fire and gentle like light. In the middle is the heat, the love. Love can be ferocious as fire, and full of wisdom like light. Wisdom can be ferocious like fire, gentle like love, and shining like light. I share this because I see hundreds of people want change, but they don't want to get burnt; they don't want to go through the suffering of transformation. So, people get into spirituality but they get scared of its fire of wisdom and passion generated.

It starts to destroy the old in you and burn your garbage, which you think is your identity and your prized possession. So remember this: until you stand up for your fire, you are alone and at the mercy of others for heat and light, love and wisdom. A bravery in your heart arises when you realize that this life fire in you is Ram. Bhakti does not need yoga, technique, or tantra, but a daring heart to trust this fire.

This is because of the quality of the sound of Aum. Guru Nanak calls it NIRBHAU, NIRVAIR, which means fearless and without any enmity. If you have enmity, you still are afraid. Like fire has no intention or enmity to burn, but it can burn. That is why Sikhism created a fearless warrior culture because their base was not in enmity, but in burning fearlessly.

Like in martial arts they say to see if you can hit with full power, but with no emotion of aggression or violence. Today, in kaliyuga times, a different kind of battle is on which is not physical but mental. Your mind and individuality is attacked by everyone, from your family to a politician, to a religious teacher. They ask you to compromise and give them your control so that they can use you to run a system which is destroying humans and earth. They basically ask you not to burn fearlessly, to think of others, which is darkness, to not rely on your love and courage for life, to think of cowards and about not making them feel bad, to not follow your light and wisdom, to think of how idiots will feel, and first take permission and license from their organization of idiotic darkness.

THIS IS KALIYUGA, WHERE LIGHT HAS TO ASK FOR INSTRUCTION FROM DARKNESS TO WALK IN THE JUNGLE OF LIFE.



Dare To Express

You see a flower blooming, you see softness, gentleness, and beauty; but what you don't see is the ferocious wisdom of the plant to withstand rains, storms, and dangers and bloom fearlessly, not complaining of problems but responding back to the sun. A flower is a fearless song of Earth to the Sun and its generosity. Earth is showing its gratitude to the Sun and offering a flower of praise. Let your life be a fearless expression of your gratitude for life. Let your life be brave and fearless.

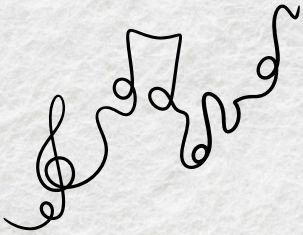
Don't let darkness bother you but put your whole energy into igniting and protecting the fire within you. That fire in you is VASUDEVAYA, the divine fire within. Miracles and magic of life happen when you protect and stand for your fire, for Ram; then that sacred unknown being protects you and stands for you. Devotion is not a commitment to some concept and God out there but a commitment and reverence to the divine within you. When your mind stops being a manipulator of this power within you but serves and protects this Ram in you, then you have become the real True devotee. So how to be brave and fearless? Your sound is the key to your personality. Your throat center commands the whole body. Your voice represents the type of person you are because we are made of sound. You can lie with words but you can't lie with sound.

In the *Upanishads*, Rishi says to God: let my mind and my sound become one, what is in my mind my voice should speak, and what is in my voice my mind should think. This is the secret of mantra. You want to change, change your sounds and words. You want to be fearless, not hesitant but confident, then make your sound fearless and confident. So from today, when you chant Aum or any other mantra, notice are you holding back your power, judging your sound? Make a sound with your full presence and power into the sound. Make your sound non-hesitant and fearless. It will change your whole body, energy, and mind. You will become fearless and confident to express yourself. My life changed when I started to chant loudly and fearlessly, madly in the jungle or in my closed room.

If you can make your voice free of mental restrictions of our own and judgments of society and let a roar out, it brings confidence and power. That is why each warrior culture has their shout and slogan because sound activates your power and bravery. Work on your sound, then with your sound you can manifest your True potential. Sound comes first then comes your mind, energy, and body. Let your sound represent not your ego but life, the divine potential within. Let your sound serve the divine within. The greatest of courage happened to people when they represented not their ego but the divine. Then your heart opens up. Don't hold yourself back for stupidity. Jump into the fire of life for the sake of truth and love. Then this fire won't burn you but will make you new.

Rudra becomes *Bhadra* for its lovers. Ferocious becomes gentle for its devotees. Get out of your coward darkness and come out in light. Don't worry, the sun will not burn you. Drop this cancer of hesitation and fear. Move fearlessly into this cosmos, which is the kingdom of the divine within, *Ram Rajya*. So Roar, sing, chant fearlessly, and say to life "Here I am with you, take me where you want." Get ready for surprises.

Ram Ram Ram



Dare To Be Yourself

Hariaum

Don't sing to others' tunes. Don't seek others to sing to your tunes. Sing to your tunes. Listen and feel where your juice flows, what lights up your joy, and dare to follow that. That is the true purpose. Judge and doubt your misery, never judge your joy.

Take your guilt out of your happiness and burn without hesitation.

What is the true purpose of fire?

What is the true purpose of beauty?

Do you ask for the true purpose of life when you are dancing?
Dance is a purpose in itself, so is life.
True purpose in life is when you are true to this moment and true to yourself. Then you are a blessing to this life; you raise the consciousness of the whole planet.
Not through ideas but by burning bright you see what needs to be seen and do what needs to be done. Don't get trapped in the ideas of tomorrow, of true purposes, they are the ways to avoid the truth; but be true to this moment as a prayer and compliment to life, which is true and alive now. Then all purposes are fulfilled. There are no paths in life. As you walk, path appears. There are no wheres in life, the movement of joy is the power of life. Like a fire you bring light and warmth. Life is not an efficiency journey but a dance out of which all efficiencies are found.

It is a beauty which inspires you to create. Worship and be dedicated to this moment. Then, you are a true and dear child of the cosmos who acknowledges life and whom life acknowledges back. This is true devotion. Remember, life has so much to give to you that you won't get this moment again. All you ever get is this moment. So hurry up and reach here.

Aum Shree Durgayei Namah



Dare to Be Patient

Feminine is the process of cultivating and growing. Feminine is planting and watering and nurturing. Feminine is protecting and caring the new growth. Feminine is that which establishes and manifests intentions of Shiva into manifestation and action.

But the ego mind is a bull in us. It eats away any new sprouts of growth, it doubts and mistrusts the process of farming. Bull in us is a super market culture brat. Gives the money, gets the product.

This mind of business and get what you want is a usual attitude also applied with spiritual processes, which are all about sowing the seed, watering the plant, and trusting the process of life that plants with grow. Why will they grow? Because you are watering them every day. Trust is something you earn by acting consistently every day. That very action is change. Change is not a supermarket magic that you give money and desire is fulfilled. Life is not in a rush, but the mind is. One needs to get acquainted with the process of growth. Something like farming and growing plants. Then you will understand why patience is the most important virtue to develop. Water everyday your inner, be patient. Don't start doubting and mind fucking, which is like uprooting the plant again and again by putting in effort to make the plant grow.

Patience is a feminine virtue. Development of your energy and life is not an issue, but your impatient bull of a mind which won't let any plan grow, is. Patience is quietness of mind. Growing plant gives fruits but the process of gardening changes you. It makes you understand the under current flow of cosmic wisdom which is mothering everything. That awareness of mother live in action is a fruit much sweeter than the one you are growing, that connection with the cosmic mother is much more important than your enlightenment. Your process of spiritual awakening is about your liberation and escaping your own mind and its hell. But connection with the life flowing through you is an awareness of your universality, which is beyond your suffering and liberation. Then life is a participation, not a means to some end.

Don't seek results but become aware of the result which you are. A result of the creativity of Shakti. Beloved child of the great mother. So, honour the mother, so she can show you, her beloved child, to you that which is you. This child is not your game to play, not your desire to fulfill. It's a gift which we overlooked and discarded. The gift is you are here.You can't be anything more or anything less. A plant does not grow for the fruit, but it grows for the journey of growth in this cosmos. That is the fruit which you need to taste, a constant movement, care and nurturing of life which is your life.She is breathing in you. You give your reverence and devotion, she will reflect it back. You doubt and reject, she reflects back. Our suffering is our intention and expectation from life, and life loves us so much it never fails our expectations and intentions.

Be careful get care. Be careless get carelessness. Care for the life you are, it's not a deal you have to figure out, it's an abundance of life. Care for your body so your body returns the care. Ask your body with care, don't demand like a brat.

WE THANK YOU FOR READING THIS BOOK IN IT'S ENTIRETY.

WE TRUST YOU ARE IMBIBING THE WISDOM & ENERGY THAT HAS BEEN CHANNELLED HERE IN WORDS.

OUR ONLY REQUEST IS THAT YOU SHARE THIS BOOK WITH SOMEONE WHO IS ABLE TO RECEIVE IT.

THANK YOU

ABOUT THE AUTHOR



Satyakaam Ramkrishan, often called Satya Ji, is an artist and lover of this one life. Having spent over 40 years exploring diverse disciplines in the company of masters, he works to inspire dedication to the unique creativity inherent in all of us.

He has created Human Studios, an online platform for sincere people to engage in live wisdom, and inspire each-other to live totally. It is a curated space where Satya Ji shares fresh insights and offers programs to support the evolution of life.
You can find out more by *clicking here*

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