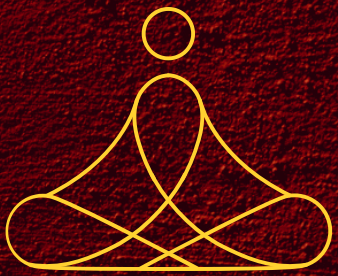
SATYAKAAM RAMKRISHAN



TRUE GENIUS

This cosmic genius of now is the key to all human excellence: success, talent, invention, meditation ecstasy. If in your life, your present moment becomes most important to you, more than anything in the past, future or in thought, then without naming or knowing it as "spiritual" you have become an actual spiritual human being.

1 Plug Into The Now
PAGE 2

2 Follow The Music
PAGE 8

3 Feel Beauty
PAGE 14



Plug Into The Now

Hariaum

The recognition of a spiritual person, a successful human, a genius, an artist, an appreciator of life - knowingly or unknowingly they all have one thing in common.

That common factor is the present moment and your engagement with it, totally, brings out the best of you.

All artists come across it, all scientists come across it, all lovers come across it, all people who accomplished something in life of value. This human accomplishment happens when they get engaged with life with the present through their chosen action, especially which gives you flow. When anything special happens to you in life you come across it but we just call it different names and concepts. This present moment is not just your present moment but a cosmic event in which here and there you enter through pleasure, danger, through creativity, through meditation. A window opens but you personalise it with ego and the window closes or you close it by making it your concept and accomplishment. When you say "I don't know, I just got the idea" or "I don't know, it just happened, I just did what I did."

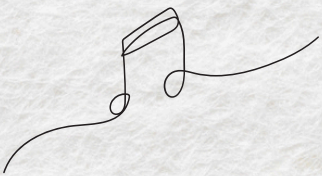
Don't think it is the genius of you or an artist or a scientist or an athlete, it all is the wisdom and genius of this cosmic fire which is on as your life, the wisdom of your body, mind and energy. All great people either by nature or by practice plugged into it and they came to know the great movement.

But each sincere artist, scientist, musician or Guru knows inside that it's not their talent, but the great talent of cosmos - we just plug in during the moments of grace. How to plug in, there are no rules to it as prescribed by many spiritual as well material practises. You are always plugged in, just get out of it's way or get out of your own way. What matters here is not what path to take, whether spiritual or art or your everyday work, what matters is

plugging in, which is the greatest joy and flow you can experience. Every human is looking for that live electric current, juice, without knowing and calling it with different names love, success, meditation, drugs
etc This cosmic genius of now is the key to all human excellence: success, talent, invention, meditation ecstasy. If in your life, your present moment becomes most important to you, more than anything in the past, future or in thought, then without naming or knowing it as “spiritual” you have become an actual spiritual human being. You become the tool of this great fire, whatever you touch and do, whoever you meet, it all happens in the now - not in the thought. You end up being a channel of the great fire and bless and prosper your connections.

Even the great Now, which is called Hari, Ram, Krishna, Shiva, Durga - you choose - becomes your friend because your life is the greatest of worship, highest of ritual and deepest of bhakti. The appreciation of the fire in which you are a flame. That is you are holding hands of the divine where it is in action and available which is Here. Not in some thought, path, philosophy or technique. Such a human works for Mahavishnu the great face of Now, such a human who has reverence for his present as a face of that great unknown. That great also returns that compliment with hundred times more reverence for you and your life. So cut through the crap and definitions get busy Here, participating, giving and becoming the hand of the Vishnu, the light, the present manifestation and follow it's flow, cooperate.

Which means be total and relaxed with each action as a vibration of life, work with it like you are walking with your beloved. Life talks to you through events of now. Listen, absorb carefully, then your action will come, which is not a mathematic of thought but a response of a lover. As a response to music you start to dance in appreciation, you don't think or plan the dance, that is what response to life is about. Make friends with this cosmos and it is around you, so close to you, and closest cosmos to you is you. Your body, mind, energy.



Follow The Music

Aum Shree Ram

If I have to sum up all your problems and fears in the mind - Your issues are secondary sounds created by mind because you are cut off from the juice of life, the music of life. You chew on words in hope for some juice. Because you have placed your trust into words about life not into the live sound of life.

You want to solve your mind issues, but there is no solution to noise except music. I suffer every day to answer your questions by postponing the music in me and getting into the words. Not even singing to your tune but rapping along with your noise. No complaints because many of you are getting into the music of life. For me that is my reward as an artist- creating music in somebody's heart. Don't think I give clever answers. I know what a lot of you like is the music and rhythm of what I am saying. I got no solution. I trust the music and sound of life. Music of life is forming, solving, and resolving; because that is the master frequency. Mind is like a wall screen. There are changing light and shadows on this wall, you get trapped into figuring out logic, pattern of this flickering light. Whereas fire is the source of that light. You need to see that you don't need to make sense of

these flickering lights, see them as dance of your fire. Focus on burning. Then, what seem like problems become dance and celebration. Mind then, instead of churning up questions, starts to recite poetry in the appreciation of life. Then bhakti juice begins. You need to vibrate with life. Which is ever present. You don't need solutions You need songs. You don't need to sort out garbage, but to burn it. What I am asking you is to not place trust in words and thoughts- that is the curse in our lives; But place your trust into the music and sound of your life. When song of your being is not expressed, then it becomes contorted and becomes a confusion in mind and indulgence in the body. If you don't manifest your creativity and song it will become noise in mind and disease in the body. Nobody ever asks a question that how to make my heart sing.

I want to feel flow in my heart. I want to dance. These are all feminine issues. All the questions are male mind issues. It tries to dominate energy by investing into confusions. I tell you again there are no answers and solutions but songs which are unsung in you, which are needed to be sung. You need to switch your channel from mind chat with life to sound track of life. Sound is the mother of whole creation. Rap along with mother song, then all will start to make sense and wisdom will shine through like music. So what to do? That's what I am talking about -get ferocious and drop the whimpering. If you knew you will die in one month all these questions will be gone. You will go about really appreciating what all is happening around you. People feel the deepest pain and regret when they are dying realising that What? This is it?

Wait, I did not live, yet I was getting ready figuring out and gathering facilities. Your breath is the only facility you need and when life gives you breath, it hopes you will sing a song and make a sound which will be the sound of life, not complain of the mind. Ask yourself what will give you joy and why you are not going for it. Get into actions which make you light up. When you commit to joy, to life, to creativity, then life gives you all you need.
Here is the purpose you ask for.
Here is the art of not asking anything but getting all you need. Commit now to singing one song. Close all doors so as to not scare your friends, family or make them jealous. Sing madly, dance.

If you commit to a song from your heart every day, you don't need mantra because you are singing along with life.

When you chant mantra, don't chant like a beggar but sing like a queen or emperor. Remember life is royalty; it likes royal people. So behave like a lion or king then kingdom will come. If you beg and whimper you are losing your kingdom every day.

Remember when you don't want anything but this moment is your joy and you show your gratitude, life starts to give everything.



Feel Beauty

Counterattack for negativity:

Focus on positive experiences and exaggerate on your little positive experiences but don't analyse them, that can kill even God.

Shiva talks about this in one technique in Vigyan Bhairav Tantra. For eg, that satisfaction you feel during and after eating food, or drinking after being thirsty -

Actualize the satisfaction and contentment you feel. When drinking juice, feel the joy in your whole body you never notice. During the day focus on joys you feel looking at beauty, a child, a flower. Do not let it be brief, don't rush for a selfie but give it time. Don't let your joys be fleeting instances but major pauses, which you ignore and continue with the addictions of self-absorbed mind activity. In fact, moments of beauty and joy are breakthroughs out of the mind, because they are experiences of a live cosmos. These are the invitations of life to participate and appreciate. So, this is a powerful method to convert your negativity into positivity and it can after long training becomes a psychedelic experience of life, which it is. We can't feel it, but any given moment you are experiencing a certain joy and happiness as well.

So develop a habit to look for positives and focus on them. When a smile comes to you, become smile. Feel it's feeling in the whole body. When you see a beautiful face, feel how it vibrates you with positivity. This method is very practical to convert your chemistry from negative to positive. Basically, our negativity is a chemical pattern in the body. Yoga works on converting your chemistry. So go out. Look for beauty and give it your focus, and time. When you sit in meditation, don't immediately start doing the technique but spend some time seeing how the body is feeling good, enjoy the feel of happiness and comfort, feel the beauty of silence, stillness in the body, and be at home with that feeling. Notice the negativity but don't let the mind weave hell around it.

Make your mind energy indulge in beauty. This appreciation of beauty is a window where you feel the present cosmos. Bow down to the beauty. When you feel love, focus on it and merge. Beauty is the most joyful and easy way to the divine- it inspires. Many artists become enlightened by their proximity with beauty and slowly you start to feel that.

BEAUTY IS THE FEEL OF THE FORMLESS IN THE FORM.

MAY YOUR HEART GET STRUCK BY BEAUTY.

WE THANK YOU FOR READING THIS BOOK IN IT'S ENTIRETY.

WE TRUST YOU ARE IMBIBING THE WISDOM & ENERGY THAT HAS BEEN CHANNELLED HERE IN WORDS.

OUR ONLY REQUEST IS THAT YOU SHARE THIS BOOK WITH SOMEONE WHO IS ABLE TO RECEIVE IT

THANK YOU

ABOUT THE AUTHOR



Satyakaam Ramkrishan, often called Satya Ji, is an artist and lover of this one life. Having spent over 40 years exploring diverse disciplines in the company of masters, he works to inspire dedication to the unique creativity inherent in all of us.

He has created Human Studios, an online platform for sincere people to engage in live wisdom, and inspire each-other to live totally. It is a curated space where Satya Ji shares fresh insights and offers programs to support the evolution of life.
You can find out more by *clicking here*

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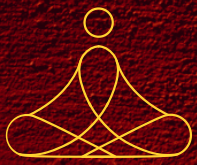

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